

Notification of switching health centres within Espoo

Are you a client of a health centre in Espoo and want to start using the services of another health centre in Espoo? If you wish, you may switch health centres once a year.

You can fill in the notification about switching health centres online at [espoo.terveytesi.fi](https:// espoo.terveytesi.fi). You will need to log in using your online banking codes or mobile ID. After logging in, select "Anamnesis and forms" from the menu, and then select "Notification about switching health centre". The notification will take effect immediately after you have submitted it online.

If you cannot submit the notification online, you can print and fill in this form. Please indicate your current health centre and the new health centre you have chosen on the reverse side of the form. Deliver the form to the new health centre you have chosen. Fill in a separate form for each family member switching health centres. In the case of minors, the signature of both guardians is required.

You can start using the services of the new health centre once you have submitted a notification to your new health centre. If you send the notification by post, you can start using the services of the new health centre two weeks after the date of posting.

After switching health centres, you will use your new health centre if you need doctors' or nurses' services, a prescription renewed or urgent care from Monday to Friday between 8:00 and 16:00. Switching health centres may also bring changes to online services, such as chat appointments.

| | |
|------------------|------------------------|
| Last name | |
| First names | Personal identity code |
| Street address | |
| Postal code | City/town |
| Telephone number | Email address |

Select your health centre on the next page.

| Indicate your current health centre by ticking the box. | Indicate your new health centre by ticking the box. |
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| <p>Esponlahti Health Centre* Matinkatu 1</p> <p>Iso Omena Health Centre Suomenlahdentie 1, Service Centre</p> <p>Kalajärvi Health Centre Ruskaniitty 4</p> <p>Kilo Health Centre Trillakatu 5</p> <p>Kivenlahti Health Centre Meriusva 3</p> <p>Leppävaara Health Centre Konstaapelinkatu 2</p> <p>Piispanportti Health Centre Piispanportti 10 A</p> <p>Samaria Health Centre Terveyskuja 2</p> <p>Tapiola Health Centre Ahertajantie 2</p> <p>Service voucher health centre: Mehiläinen Oma Lääkärisi Espoontori Kamreerintie 7</p> <p>Service voucher health centre: Terveystalo Espoontori Kamreerintie 7</p> | <p>Esponlahti Health Centre* Matinkatu 1, P.O. Box 2445, 02070 City of Espoo</p> <p>Iso Omena Health Centre Suomenlahdentie 1, Service Centre, P.O. Box 2307, 02070 City of Espoo</p> <p>Kalajärvi Health Centre Ruskaniitty 4, P.O. Box 2515, 02070 City of Espoo</p> <p>Kilo Health Centre Trillakatu 5, P.O. Box 2126, 02070 City of Espoo</p> <p>Kivenlahti Health Centre Meriusva 3, P.O. Box 2410, 02070 City of Espoo</p> <p>Leppävaara Health Centre Konstaapelinkatu 2, P.O. Box 2119, 02070 City of Espoo</p> <p>Samaria Health Centre Terveyskuja 2, P.O. Box 2516, 02070 City of Espoo</p> <p>Tapiola Health Centre Ahertajantie 2, P.O. Box 2214, 02070 City of Espoo</p> <p>Piispanportti Health Centre Piispanportti 10 A, P.O. Box 2312, 02070 City of Espoo</p> <p>If you wish to select a service voucher health centre as your new health centre, please call Espoo's service voucher helpline, tel. 09 816 34550. The line is open on Tuesdays and Thursdays from 8:00 to 16:00. We have a call-back system. The City of Espoo may grant you a health centre service voucher if you are an Espoo resident and you have a personal identity code.</p> |

*Due to renovation, the Esponlahti Health Centre temporarily operates at the Matinkatu Health Centre in Matinkylä at Matinkatu 1.

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|-------------------------------------|-------------------------------------|
| Place and date | |
| Signature and name in block letters | Signature and name in block letters |